


North Locality Children's Centres: Coteford and Harefield and South Ruislip, Summer Timetable Monday 15 April to Wednesday 24 July

The Centres are open Monday - Friday (9am to 4pm) for information and support for families with children up to 5 years

How to Book – Please call a children's centre to book, families can book onto one session per week, if you cannot attend, please CALL TO CANCEL

South Ruislip Children's Centre Queens Walk HA4 0LR 01895 556806 srcc@hillington.gov.uk		Harefield Children's Centre High Street, Harefield UB9 6BT 01895 277108 harefieldcc@hillington.gov.uk		Coteford Children's Centre Fore Street, Pinner, HA5 2HX 01895 556682 cotefordcc@hillington.gov.uk	
Monday		Tuesday	Wednesday	Thursday	Friday
Morning	<p style="text-align: center;">Coteford Walk in the Park Eastcote House Gardens 2 to 5 years 10:00am to 11:00am 15 April to 22 July Please call to book</p> <p style="text-align: center;">Harefield Stay and Play Plus for children with SEND 10:30am to 11:30am 15 April to 22 July Invite only</p> <p style="text-align: center;">South Ruislip Attention Hillingdon 10:00am to 10:30am 13 May to 17 July Referral/Invite only</p> <p style="text-align: center;">South Ruislip Childrens Integrated Therapy Services <i>(Physio, Speech and Language, and Occupational Therapy)</i> 9:30am to 4:00pm Dates to be confirmed Please call CITS to book (01895 488200)</p>	<p style="text-align: center;">Coteford Stay and Play (Toddler Time) 1 to 2 years 10:00am to 11:15am 16 April to 23 July Please call to book</p> <p style="text-align: center;">Harefield Health Visitor Clinic – Drop in 9:30am to 10:30am</p> <p style="text-align: center;">Harefield Baby Group 0 to 12 months 9:30am to 10:30am 16 April to 23 July</p> <p style="text-align: center;">Harefield Breastfeeding - Drop in Group 11:00am to 12:00pm</p> <p style="text-align: center;">South Ruislip Childminder Group 9:30am to 11:00am 16 April to 23 July Please call to book</p>	<p style="text-align: center;">Coteford ESOL 10:00am to 11:30am 24 April to 3 July Please call to book</p> <p style="text-align: center;">Harefield Attention Hillingdon 10:00am to 10:30am 24 April to 19 June Invite/Referral only</p> <p style="text-align: center;">South Ruislip Breastfeeding One to One 9:00am to 4:00pm Appointment only</p> <p style="text-align: center;">Virtual Weaning Party delivered by the Health Visiting team via Zoom Weekly - 10:00am to 11:00am Passcode: Weaning Meeting ID 954 1018 8033</p> <p style="text-align: center;">South Ruislip Stay and Play Plus for children with SEND 10:00am to 11:00am 17 April to 24 July Please call to book</p>	<p style="text-align: center;">Coteford Stay and Play 0 to 5 years 9:45am to 11:15am 18 April to 18 July Please call to book</p> <p style="text-align: center;">Harefield Baby Group (Baby Sensory Play) 6 to 12 months 10:30am to 11:30am 18 April to 18 July Please call to book</p> <p style="text-align: center;">South Ruislip Early Bird 9:30am to 11:30am 18 April to 27 June Referral/Invite only</p> <div style="border: 2px solid purple; padding: 5px; text-align: center;"> <p style="font-size: small;">Please use the QR code below for more information on Hillingdon's Start for Life</p>  </div>	<p style="text-align: center;">Coteford Childrens Integrated Therapy Services <i>(Physio)</i> 9:00am to 12:00pm Appointment only</p> <p style="text-align: center;">Coteford Wellbeing for Mums 0 to 5 years 7 June to 12 July 9.30am to 11:00am Please call to book</p> <p style="text-align: center;">Harefield Forest School 18 months to 5 years 10:00am to 11:30am 19 April to 19 July Please call to book</p> <p style="text-align: center;">South Ruislip Be Inspired 9:30am to 11:30am 19 April to 24 May Please call to book (Creche spaces available)</p>

To see other Children's Centres timetables across Hillingdon Borough please visit [www.hillingdon.gov.uk/children's centres](http://www.hillingdon.gov.uk/children's%20centres)

	Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon	<p>Coteford Baby Group (Musical Babies) 0 to 12 months 1:30pm to 2:30pm 15 April to 22 July Please call to book</p> <p>Harefield Stay and Play 0 to 5 years 1:30pm to 3:00pm 15 April to 22 July Please call to book</p> <p>South Ruislip Breastfeeding One to One 9.30am to 4:00pm Appointment only</p> <p>South Ruislip P3 Advice 1:00pm to 4:00pm Please call to book</p> <p>South Ruislip Baby Group 0 to 12 months 1:30pm to 2:30pm 15 April to 22 July Please call to book</p>	<p>Coteford Stay and Play Plus for children with SEND. 1:30pm to 2:30pm 16 April to 23 July Invite only</p> <p>Harefield Breastfeeding One to One 12:00pm to 16:00pm 16 April to 23 July Appointment only</p> <p>South Ruislip Language for Life 1:30pm to 2:30pm 30 April to 21 May Please call to book</p> <p>Virtual Group Ducklings For children with ASD Various dates and times available Please call to book</p> <p>South Ruislip Baby Massage 1:30pm to 2:30pm 23 April to 14 May Referral/Invite only</p>	<p>Harefield Child Development Reviews 1:00pm to 3:30pm Invite only</p> <p>Harefield Baby Group (Musical Babies) 0 to 12 months 17 April to 23 July 1:30pm to 2:30pm Please call to book</p> <p>South Ruislip Breastfeeding Drop in Group 1:00pm to 2:30pm</p> <p>South Ruislip Stay and Play (Toddler Time) 1 to 2 years 1:30pm to 2:30pm 17 April to 24 July Please call to book</p> <p style="border: 2px solid red; padding: 5px; text-align: center;">Ready to Go (Transition sessions) available after Half Term</p>	<p>Coteford Stay and Play 1:30pm to 2:30pm 18 April to 18 July Invite only</p> <p>Harefield Stay and Play (Toddler Time) 1 to 2 years 1:30pm to 2:30pm 18 April to 18 July Please call to book</p> <p>South Ruislip Nurturing Beginnings 1:30pm to 2:30pm 25 April to 23 May Invite only</p> <div style="border: 2px solid orange; padding: 10px;">  <p><i>We also deliver Virtual Groups and Sessions via Microsoft Teams. We have a range of online sessions and workshops offering advice and support. Please ask a member of staff for more details or pick up a leaflet in the Children's Centre</i></p> </div>	<p>Coteford Attention Hillingdon 26 April to 28 June 1:30pm to 2:00pm Please call to book</p> <p>South Ruislip Stay and Play 0 to 5 years 1:00pm to 2:30pm 19 April to 19 July Please call to book</p> <div style="border: 2px solid purple; padding: 10px; text-align: center;"> <p>Harefield Saturday Stay and Play At Harefield Children's Centre</p> <p>Saturday 4 May Saturday 6 May 11:00am to 12:15pm Please call to book</p> </div>
	<p>Midwifery (CCC) Breast Feeding 1-1 (SRCC) Health Visitor's Clinic (CCC) Appointment only</p>	<p>Midwifery (SRCC) Breast Feeding 1-1 (HCC) Health Visitor's Clinic (HCC) Perinatal Mental Health (CCC) Appointment only</p>	<p>Midwifery (CCC) Perinatal Mental Health (CCC) Breast Feeding Specialist Clinic (SRCC) Health Visitor's Clinic (HCC) Appointment only</p>	<p>Midwifery (HCC) Midwifery (SRCC) Health Review's (CCC) Appointment only</p>	<p>Midwifery (SRCC) Physio (CCC) Appointment only</p>




 Please call for more info	<p>Navigator Wivesley Advice Centre (Housing, Education, Training, Employment, Health, Benefits) T: 01895 436114</p>	<p>Virtual Oral Health Education Session for Parents & Carers via ZOOM Please call 01895 558194 for more information</p>	<p>2 Year Old Funding Do you qualify for FREE childcare for your two-year old child? To find out more, please speak to a member of our staff team or visit: www.hillingdon.gov.uk/freechildcare</p>	<p>With Healthy Start, you get free vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.</p>	<p>SEND Local Offer https://www.hillingdon.gov.uk/send Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers."</p>	<p>Like and follow us on Facebook Hillingdon Children's Centre's North</p>
Other services delivered at the centres		Midwifery Clinics, Health Visitor Clinics, Breastfeeding Support Clinics, Perinatal Mental Health Clinics, Physiotherapy, Speech and Languages These are all booked by appointment with the service only or call one of the Children's Centres for more information				

Health & Partner Services

North Locality Children's Centres: Coteford and Harefield and South Ruislip

Summer Timetable Monday 15 April to Wednesday 24 July

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Coteford Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Breast Feeding One to One 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Childrens Integrated Therapy Services (Physio, Speech and Language, and Occupational Therapy) 9:30am to 4:00pm Please call CITS to book (01895 488200)</p> <p>South Ruislip P3 Advice 1pm to 4pm Please call to book</p>	<p>Coteford Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>Coteford Perinatal Mental Health Clinic 9:00am to 1:00pm Appointment only</p> <p>Harefield Health Visitors Clinic 9:30am to 10:30am</p> <p>Harefield Breastfeeding Drop in Group 9:30am to 10:30am Appointment only</p> <p>Harefield Breastfeeding One to One 12:00pm to 4:00pm Appointment only</p> <p>South Ruislip Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Health Reviews 9.30am to 11.30am Invite only</p>	<p>Coteford Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>Harefield Talking Therapies 9:00am to 16:00pm Appointment only</p> <p>Harefield Health Reviews 1:00pm to 4:00pm Invite only</p> <p>South Ruislip Breastfeeding One to One 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Breastfeeding Drop in 1pm to 2.30pm Appointment only</p>	<p>Coteford Health Reviews 9:00am to 1:00pm Appointment only</p> <p>Harefield Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Midwifery Services 9:00am to 4:00pm Appointment only</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;"> <p>Five to Thrive Building brains for better futures</p>  </div>	<p>Coteford Childrens Integrated Therapy Services (Physio) 9:00am to 12:00pm Appointment only</p> <p>Coteford Midwifery Services 9:00am to 4:00pm Appointment only</p> <p>South Ruislip Midwifery Services 9:00am to 4:00pm Appointment only</p>
	<p>Midwifery Community Midwives 01895 279472</p>	<p>Health Visiting Team 01895 891302</p>		<p>Hillingdon Talking Therapies 01895 206800</p>	