

Uxbridge walk 4

A longer circular walk of just under 4 miles that can start and end in Uxbridge High Street or at other key points. The walk crosses Rockingham recreation ground and then along the Grand Union canal before turning back along the River Colne to rejoin the canal and return to Uxbridge.

- 1 From Uxbridge Station, head straight into Windsor Street. Pass St Margaret's church and walk to the end of the road. Cross the street to the War Memorial on the roundabout.
- 2 At the War Memorial, cross Trumper Way and head down Cowley Road, turning right into Wellington Road.
- 3 Cross the footbridge over Fray's River. Enter the park and follow the path straight ahead across the park, then left along the perimeter.
- 4 Turn right into Austin Way and then left into Waterloo Road.
- 5 At the end of the road turn right across the bridge and cross the road. Go down the steps and walk along the Grand Union canal towpath.
- 6 Exit the towpath and turn right onto Iver Lane. Bear right onto the London Loop public footpath U65. Proceed through the kissing gate and follow the path along the River Colne.
- 7 Go through the gate to Longbridge Way. At Cowley Mill Road cross over into Culvert Lane and turn left when you reach the towpath.
- 8 At bridge 185 leave the towpath via the steps and cross the main road towards the Swan and Bottle pub. Turn onto Oxford Road and cross the canal bridge. Continue past the Crown and Treaty pub.
- 9 At Fountains Mill Young People's Centre head straight up the High Street towards the main shopping precinct and Uxbridge Station.

